



Fivemiletown College
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Dear Parent/Carer

You may be aware that the NI Executive agreed in December 2020 that free period products should be made available to all schools from September 2021. The 'Period Dignity Project' is currently proceeding on a pilot basis.

Period dignity refers to the accessibility and availability of essential care needed to support a period, in conjunction with the removal/breaking of stigma and taboo around periods. Education is a key factor in breaking the stigma surrounding periods and promoting respect, understanding and open discussions about what people may experience when menstruating.

The pilot scheme aims to promote period dignity and tackle period poverty. The free products are not aimed at providing a blanket provision, but the scheme aims to ensure products are available to those who need them, where and when they need them. It addresses the specific needs of the school sector.

The Period Dignity scheme and menstrual wellbeing will be explained to pupils through a school assembly, in support of the scheme, will be delivered to Key Stage 3 pupils in our PD programme.

We at Fivemiletown College are providing free period products in our school.

Additional products are available on request from Mrs McConaghy.

The nominated Period Dignity Contact person within the school is Mrs McConaghy. Please contact her if you have any further questions.

Thank you for your support in this important matter.

Mrs J Allen
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Fivemiletown College